



FOR IMMEDIATE RELEASE

New Youth Governance Training Program

Youth Empowerment in Action: Y4Y Québec Unveils new *Youth on Boards* Program, Enabling Young Leaders to Shape Communities through Good Governance.

Y4Y Québec

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Montréal, Québec, November 7 - Y4Y Québec is proud to announce the launch of its *Youth on Boards* program, designed to equip young individuals (aged 16-30) with essential skills, confidence, and training to catalyse local and organisational transformations through effective governance.

Modelled after a University of Laval training that is only offered in French, Y4Y has developed a program designed specifically for Québec's English-speaking youth community. The first cohort of 35 registered participants, representing multiple provinces and cultural backgrounds will gather this weekend at Y4Y's office to hear from non-profit professionals about how to better serve their communities and the causes they care about. Given the level of interest this program has received (youth are already signing up for the winter cohort), it is evident that today's youth are excited and motivated to become the leaders of tomorrow.

Youth on Boards will be offered free of charge, both virtually and in person, providing flexibility for participation. The two-day training, scheduled for November 11 and 12, 2023 as well as February 2024, will cover organisational and legal frameworks, non-profit structures, intricacies of a Board meeting agenda, and finally, hands-on participation in a mock Board meeting facilitated by experienced youth volunteers.

Y4Y Québec is a non-profit organisation committed to addressing the issues facing English-speaking youth (ages 16-30) in the province of Québec.

For more information, contact Adrienne Winrow at adrienne.winrow@y4yquebec.org.

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