



For Immediate Release

Youth Governance Training Program

Based on popular demand, Y4Y Québec announces the second edition of the *Youth on Boards* program, which trains young leaders to shape communities by serving on governing bodies of organisations.

Y4Y Québec

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Montréal, Québec, February 1st – Y4Y Québec is proud to announce the second edition of its *Youth on Boards* program—Designed to equip young individuals (aged 16 – 30) with the essential skills, confidence, and training needed to bring about local change through effective governance.

Modelled after a University of Laval training that is only offered in French, Y4Y has developed a program designed specifically for Québec’s English-speaking youth community. The second cohort of participants, representing multiple provinces and cultural backgrounds will gather February 10th and 11th at Y4Y’s office to hear from non-profit professionals about how to better serve their communities and the causes they care about. Given the level of interest this program has received, it is evident that today’s youth are excited and motivated to become the leaders of tomorrow.

Youth on Boards will be offered free of charge at Y4Y’s office in Montréal for in-person sessions. The two-day training, scheduled for February 10 and 11, 2024 as well as November 2024, will cover organisational and legal frameworks, non-profit structures, intricacies of a Board meeting agenda, and finally, hands-on participation in a mock Board meeting.

Y4Y Québec is a non-profit organisation committed to addressing the issues facing English-speaking youth (ages 16–30) in the province of Québec.

For more information, contact Adrienne Winrow at adrienne.winrow@y4yquebec.org.

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